



100
Days of
Encouragement
FOR MOMS

Mothers remember, all your kids want is you. Greasy hair, long to-do list, unbrushed teeth and all.

There is no such thing as a mom who has it all together.

"Being a mother takes a woman's deepest fears about herself and shows her that she is stronger than them." -Unknown

"The days are long but the years are short." -Gretchen Rubin

Just breathe. There's no award for most overworked mom of the year.

Spend twice as much time with your kids and half as much money.

"No one is perfect- that's why pencils have erasers." -Wolfgang Riebe

There are places in the heart you don't know exist until you love a child.

Here's to strong women. May we know them. May we be them. May we raise them.

Life doesn't come with a manual, it comes with a mom. Not a glorious job but definitely an important one.

Don't judge any mom... you don't know what cards motherhood has dealt her.

Never feel guilty about doing what is best for you and your family.

Be too busy watering your own grass to notice if theirs is greener.

You will never look back on life and think, "I spent too much time with my kids."
-Kimberly McLeod

"If parenthood came with a GPS it would mostly say "recalculating." -Anonymous

Being a mom is the best reason you'll ever have to take care of you.

Beautiful things are never perfect.

"Bad moments don't make bad moms." -Lysa Terkeurst

Once you become a mother you realize you can do almost anything one-handed.

Dear mom, thanks for all you do.

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You can be a mess and still be a good mom. You're allowed to be both.

Being a parent is like folding a fitted sheet; no one really knows how.

When you feel like you need a miracle to get through, look into your child's eyes & realize you already have one staring you in the face.

"Take one day at a time. After all, today is the tomorrow you worried about yesterday." -Billy Graham

It is okay if you can't do everything on your own. The strongest people know how to ask for help.

You deserve to enjoy and make the most of this phase.

An empty tank will take you exactly nowhere. Take time to refuel.

"A mother's love is whole no matter how many times it is divided." -Robert Brault

Behind every great child is a mom pretty sure she is screwing it all up.

"Successful mothers are not the ones that never struggled. They are the ones that never give up despite the struggles." -Sharon Jaynes

"A mother's love is the fuel that enables a normal human being to do the impossible."
- Marion Garretty

"Being a mother is not about what you gave up to have a child, but what you gained from having one." -Unknown

The most precious jewels you'll ever have around your neck are the arms of your children.

"You're always going to wonder if you're doing things wrong, but that's what it means to be a mom, to care so much about someone else that you just want to be as perfect as possible". - Naya Rivera

May your coffee be stronger than your toddler.

Motherhood is a million little moments woven together with grace and love.

Ain't no hood like motherhood.

"Act as if what you do makes a difference. It does." - William James

"Becoming a mom to me means you have accepted that for the next 16 years of your life, you will have a sticky purse." -Nia Vardalos

"We have a secret in our culture, and it's not that birth is painful. It's that women are strong."
-Laura Stavoe Harm

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“A mother is she who can take the place of all others but whose place no one can take.”
-Cardinal Mermillod

“Giving grace to yourself is never more important than when you become a mother.”
- Whitney Meade

Silence is golden. Unless you have kids.
Then silence is suspicious.

Be patient with yourself. You and your kids are both learning new things every day.

“Motherhood is the exquisite inconvenience of being another person’s everything.” -Unknown

“Give everyday the chance to become the most beautiful of all your life” -Mark Twain

When life gets hard and you feel alone, remember you mean the world to somebody and that somebody calls you mom.

There is no such thing as a perfect parent.
So just go be a real one.

You will get too much advice to follow it all.
So follow your mom intuition and trust yourself instead.

The fastest land animal is a toddler with something they aren’t supposed to have.

“A majority of my diet is made up of foods that my kid didn’t finish” - Carrie Underwood

You know you’re a mom when you run out of storage and you’d rather delete your banking app than a single one of the 20 million photos of your kids.

As soon as children hit the bed at night, they turn into dehydrated philosophers.

How is it that kids hear “family meeting” when you say, “I have to go to the bathroom.”

“Sometimes the strength of motherhood is greater than natural laws.” - Barbara Kingsolver

As mothers we are role models to our kids before they even know what the word means.

I hope our kids know that no matter how much we say I love you, we always love them even more than that.

“Being a mother has made me so tired and so happy” -Tina Fey

Nothing is lost until a mother can’t find it.

Raise your words, not your voice. It is rain that grows flowers, not thunder. -Rumi

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“Mothers hold their child’s hand for a short while, but their hearts forever.” -Unknown

Even in your lowest moments, your child thinks that you are everything.

Parenthood may be the hardest thing you’ll ever do but it is also the most important thing you will ever do.

“They won’t remember clean floors or perfectly folded laundry. They will remember the smiles, the laughter, and the love.” -Kristin McCarthy

Parenting is a roller coaster. Sometimes it’s terrifying, but other times it is a thrill.

Being a parent means suddenly wanting to call your parents every single day to say your sorry.

If you are wondering when you will have time to get something done, the answer is in 18 years. Just embrace the moment.

Motherhood reminds us that the hardest things in life are worth doing.

If you eat every meal standing or in the car, you may just be a mom.

"We may not be able to prepare the future for our children, but we can at least prepare our children for the future." - Franklin D. Roosevelt

"Cleaning your house while your kids are still growing up is like shoveling the sidewalk before it stops snowing." -Phyllis Diller

Parents act so strong for their kids that we often forget how fragile every parent really is. You aren't alone in your struggles.

“By loving them for more than their abilities we show our children that they are much more than the sum of their accomplishments.” -Eileen Kennedy-Moore

“As your kids grow they may forget what you said, but won’t forget how you made them feel.”
– Kevin Heath

“Your children need your presence more than your presents.” – Jesse Jackson

“Parents must get across the idea that I love you always, but sometimes I do not love your behavior.” – Amy Vanderbilt

“It’s not only children who grow, parents do too.”
– Joyce Maynard

“Parents who are afraid to put their foot down usually have children who step on their toes.” – Chinese Proverb

“As much as we watch to see what our children do with their lives, they are watching us see what we do with ours. I can’t tell my children to reach for the sun. All I can do is reach for it, myself.” – Joyce Maynard

“Behind every young child who believes in himself is a parent who believed first.”
– Matthew Jacobson

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“If evolution really works, how come mothers only have two hands?” – Milton Berle

And remember that behind every successful woman is a basket of dirty laundry. –Unknown

“A baby will make love stronger, days shorter, nights longer, bankroll smaller, home happier, clothes shabbier, the past forgotten, and the future worth living for.” – Anonymous

What good mothers and fathers instinctively feel like doing for their babies is usually best after all. –Benjamin Spock

Finding balance as a mother means accepting your imperfections. –Mary Organizes

Loving your children is more important than loving every moment of motherhood.

It’s not what you do for your children but what you have taught them to do for themselves that will make them successful human beings. –Ann Landers

Next time you feel like giving up on something, remember the little eyes that are watching. Keep going for them. Let them see what perseverance means.

Motherhood is the biggest gamble in the world. It is the glorious life force. It’s huge and scary – it’s an act of infinite optimism. –Gilda Radner

A mother understands what a child does not say. That's pretty amazing.

Having children just puts the whole world into perspective. Everything else just disappears. – Kate Winslet

“A mother’s love for her child is like nothing else in the world. It knows no law, no pity, it dates all things, and crushes down remorselessly all that stands in its path.” –Agatha Christie

“However motherhood comes to you, it is a miracle.” -Valerie Harper.

“Motherhood is messy. And challenging. And crazy. And sleepless. And giving. And still unbelievably beautiful.” -Rachel Martin

“Motherhood is a delicate balance between holding on and letting go.” -Unknown

“Motherhood: If you think my hands are full, you should see my heart.” -Unknown

“While we try to teach our children all about life, our children teach us what life is all about.” -Angela Schwindt

“Thus far the mighty mystery of motherhood is this: How is it that doing it all feels like nothing ever gets done?” -Rebecca Woolf

“Parenting is 50% feeling like your head might explode and 50% feeling like your heart might.” –@chaosandquiet

“Motherhood is the greatest and noblest of all callings.” -L. Tom Perry

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