

30 Day Spring Cleaning Checklist



Kitchen

- 1 Clean fridge & throw out old food
- 2 Clean oven & stove top
- 3 Mop kitchen floor
- 4 Declutter pantry
- 5 Clean microwave
- 6 Organize spices
- 7 Clean sink & garbage disposal
- 8 Donate unused kitchen ware
- 9 Degrease cabinets
- 10 Run your dishwasher empty

Bathroom

- 11 Replace old towels
- 12 Wash shower curtain & bleach liner
- 13 Wash bath mats
- 14 Clean bath tub & soak shower head
- 15 Tidy medicine cabinet
- 16 Clean plunger & toilet brush
- 17 Deep clean toilet & sink
- 18 Scrub the floor

Bedroom

- 19 Flip mattress & wash comforter
- 20 Donate old clothes
- 21 Declutter under bed & top of dressers/tables

General Areas

- 22 Replace dead lightbulbs
- 23 Wash/dust light fixtures & fans
- 24 Check fire extinguishers & smoke detectors
- 25 Wipe down walls, doors, & baseboards
- 26 Clean blinds & windows
- 27 Wash & dry curtains
- 28 Dust surfaces, art, & decorations
- 29 Clean bottom of trash cans
- 30 Clean carpets